



Südeichsfeldlauf  
Diedorf / 29.06.2019

## Detailed evaluation

**Marx, Dominik**

Club: VR Bank Westthüringen eG  
Number: 313

Course: 5.30 km  
Hauptlauf 5,3 km

Category:  
Senioren M40 (40-44 Jahre)

Total time: 26:43

Speed: 11.23 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 9 (of 35)

Rank in course/Men: 7 (of 21)

Best time in course: 22:57

Rank in category: 2(of 3)

Best time in the category: 25:32