



Südeichsfeldlauf  
Diedorf / 29.06.2019

## Detailed evaluation

Fischer, Christian

Number: 335

Course: 5.30 km  
Hauptlauf 5,3 km

Category:  
Senioren M35 (35-39 Jahre)

Total time: 27:44

Speed: 10.82 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 13 (of 35)

Rank in course/Men: 10 (of 21)

Best time in course: 22:57

Rank in category: 1(of 1)

Best time in the category: 27:44