



Südeichsfeldlauf  
Diedorf / 29.06.2019

Detailed evaluation

**Motz, Elias**

Club: SV Diedorf 1921 e.V.  
Number: 317

Course: 5.30 km  
Hauptlauf 5,3 km

Category:  
männliche Jugend U16 (14-15 Jahre)

Total time: 28:38

Speed: 10.48 km/h  
Running performance: 5:24 min/km

Rank in course/Total: 15 (of 35)

Rank in course/Men: 12 (of 21)

Best time in course: 22:57

Rank in category: 2(of 3)

Best time in the category: 22:57