



Südeichsfeldlauf  
Diedorf / 29.06.2019

## Detailed evaluation

**Richwien, Katharina**

Club: LessingRUNstreet  
Number: 325

Course: 5.30 km  
Hauptlauf 5,3 km

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 29:33

Speed: 10.15 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 20 (of 35)  
Rank in course/Women: 5 (of 14)  
Best time in course: 25:50

Rank in category: 3(of 4)  
Best time in the category: 26:07