



Südeichsfeldlauf
Diedorf / 29.06.2019

Detailed evaluation

Richwien, Katharina

Club: LessingRUNstreet
Number: 325

Course: 5.30 km
Hauptlauf 5,3 km

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 29:33

Speed: 10.15 km/h
Running performance: 5:35 min/km

Rank in course/Total: 20 (of 35)
Rank in course/Women: 5 (of 14)
Best time in course: 25:50

Rank in category: 3(of 4)
Best time in the category: 26:07