



Südeichsfeldlauf
Diedorf / 29.06.2019

Detailed evaluation

Fischer, Mike

Club: VR Bank Westthüringen eG
Number: 306

Course: 5.30 km
Hauptlauf 5,3 km

Category:
Senioren M45 (45-49 Jahre)

Total time: 30:42

Speed: 9.77 km/h
Running performance: 5:47 min/km

Rank in course/Total: 22 (of 35)

Rank in course/Men: 17 (of 21)

Best time in course: 22:57

Rank in category: 1(of 1)

Best time in the category: 30:42