



Südeichsfeldlauf  
Diedorf / 29.06.2019

## Detailed evaluation

Selle, Hagen

Number: 146

Course: 10.60 km  
Hauptlauf 10,6 km

Category:  
männliche Jugend U18 (16-17 Jahre)

Total time: 42:18

Speed: 14.18 km/h

Running performance: 3:59 min/km

Rank in course/Total: 3 (of 70)

Rank in course/Men: 3 (of 55)

Best time in course: 41:44

Rank in category: 1(of 2)

Best time in the category: 42:18