



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

4 Freunde für ein ULTRA

Number: 4024

Course: 100.22 km

Staffel 4x25 km

Category:

Mixstaffel

Total time: 9:25:08

Speed: 10.62 km/h

Running performance: 5:38 min/km

Rank in course: 12 (of 28)

Best time in course: 6:50:42

Rank in category: 4(of 7)

Best time in the category: 7:53:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Glasbachwiese	27.39	2:51:30	6:15	5	59:36	21	59:36	27.39	2:51:30	6:15	5	59:36	21	59:36
Floh-Seligenthal	27.74	2:18:07	4:58	4	12:14	9	28:46	55.13	5:09:37	5:36	5	1:02:12	15	1:22:28
Finsterbergen	22.03	2:07:46	5:47	4	31:29	13	37:45	77.16	7:17:23	5:40	4	1:28:30	14	2:00:13
Fröttstädt	23.06	2:07:45	5:32	3	8:33	12	34:13	100.22	9:25:08	5:38	4	1:31:38	12	2:34:26