



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Triathlon Friedrichroda e.V.

Number: 4021

Course: 100.22 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 8:25:24

Speed: 11.90 km/h

Running performance: 5:02 min/km

Rank in course: 8 (of 28)

Best time in course: 6:50:42

Rank in category: 5(of 17)

Best time in the category: 6:50:42

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Glasbachwiese	27.39	2:17:26	5:01	6	19:38	8	25:32	27.39	2:17:26	5:01	6	19:38	8	25:32
Floh-Seligenthal	27.74	2:14:14	4:50	5	24:53	7	24:53	55.13	4:31:40	4:55	5	44:31	8	44:31
Finsterbergen	22.03	2:12:59	6:02	11	42:58	16	42:58	77.16	6:44:39	5:14	5	1:27:29	8	1:27:29
Fröttstädt	23.06	1:40:45	4:22	2	7:13	2	7:13	100.22	8:25:24	5:02	5	1:34:42	8	1:34:42