



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Balzk, Harald

Club: Bad Karlshafen
Number: 130

Course: 100.22 km
100 Kilometer

Category:
Senioren M60 (60-64 Jahre)

Total time: 13:03:14

Speed: 7.66 km/h
Running performance: 7:49 min/km

Rank in course/Total: 95 (of 246)

Rank in course/Men: 87 (of 211)

Best time in course: 8:32:51

Rank in category: 3(of 13)

Best time in the category: 11:19:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:24:23	7:27	4	43:23	121	1:02:37	27.39	3:24:23	7:27	4	43:23	121	1:02:37
Floh-Seligenthal	27.74	3:18:19	7:08	3	18:46	96	56:06	55.13	6:42:42	7:18	3	1:02:09	108	2:15:21
Finsterbergen	22.03	3:06:30	8:27	4	26:17	83	1:09:03	77.16	9:49:12	7:38	4	1:25:06	100	3:20:12
Fröttstädt	23.06	3:14:02	8:24	3	18:53	72	1:15:55	100.22	13:03:14	7:48	3	1:43:59	87	4:30:23