



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Bogacz, Rico

Club: 100 Marathon Club
Number: 47

Course: 100.22 km
100 Kilometer

Category:
Senioren M30 (30-34 Jahre)

Total time: 13:03:41

Speed: 7.66 km/h
Running performance: 7:49 min/km

Rank in course/Total: 96 (of 246)

Rank in course/Men: 88 (of 211)

Best time in course: 8:32:51

Rank in category: 10(of 13)

Best time in the category: 8:32:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:46:53	6:05	5	21:30	33	25:07	27.39	2:46:53	6:05	5	21:30	33	25:07
Floh-Seligenthal	27.74	2:53:24	6:15	6	15:58	29	31:11	55.13	5:40:17	6:10	7	1:12:56	32	1:12:56
Finsterbergen	22.03	3:27:51	9:26	10	1:26:12	123	1:30:24	77.16	9:08:08	7:06	9	2:39:08	63	2:39:08
Fröttstädt	23.06	3:55:33	10:12	10	1:51:42	140	1:57:26	100.22	13:03:41	7:49	10	4:30:50	88	4:30:50