



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Lemuth, Matthias

Club: SV 1960 Metzels  
Number: 249

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M40 (40-44 Jahre)

Total time: 13:05:02

Speed: 7.64 km/h  
Running performance: 7:50 min/km

Rank in course/Total: 99 (of 246)

Rank in course/Men: 89 (of 211)

Best time in course: 8:32:51

Rank in category: 13(of 22)

Best time in the category: 9:14:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:07:07	6:49	12	38:45	77	45:21	27.39	3:07:07	6:49	12	38:45	77	45:21
Floh-Seligenthal	27.74	3:21:21	7:15	15	57:42	102	59:08	55.13	6:28:28	7:02	12	1:48:17	88	2:01:07
Finsterbergen	22.03	3:17:32	8:57	15	1:05:51	105	1:20:05	77.16	9:46:00	7:35	15	2:42:18	95	3:17:00
Fröttstädt	23.06	3:19:02	8:37	10	1:08:31	81	1:20:55	100.22	13:05:02	7:49	13	3:50:49	89	4:32:11