



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Dörr, Volker

Club: RC Vorwärts Speyer  
Number: 217

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M60 (60-64 Jahre)

Total time: 13:08:42

Speed: 7.61 km/h  
Running performance: 7:52 min/km

Rank in course/Total: 103 (of 246)

Rank in course/Men: 94 (of 211)

Best time in course: 8:32:51

Rank in category: 4(of 13)

Best time in the category: 11:19:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:29:38	7:39	5	48:38	134	1:07:52	27.39	3:29:38	7:39	5	48:38	134	1:07:52
Floh-Seligenthal	27.74	3:21:11	7:15	4	21:38	101	58:58	55.13	6:50:49	7:27	4	1:10:16	119	2:23:28
Finsterbergen	22.03	2:58:06	8:05	3	17:53	65	1:00:39	77.16	9:48:55	7:37	3	1:24:49	99	3:19:55
Fröttstädt	23.06	3:19:47	8:39	4	24:38	83	1:21:40	100.22	13:08:42	7:52	4	1:49:27	94	4:35:51