



13. thüringenULTRA

Fröttstädt / 06.07.2019

Detailed evaluation

Stößel, Mario

Club: Steinhagen
Number: 148

Course: 100.22 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 13:11:56

Speed: 7.58 km/h
Running performance: 7:54 min/km

Rank in course/Total: 105 (of 246)

Rank in course/Men: 95 (of 211)

Best time in course: 8:32:51

Rank in category: 18(of 38)

Best time in the category: 10:14:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:02:43	6:40	16	25:09	70	40:57	27.39	3:02:43	6:40	16	25:09	70	40:57
Floh-Seligenthal	27.74	3:27:38	7:29	23	52:46	116	1:05:25	55.13	6:30:21	7:04	19	1:17:43	92	2:03:00
Finsterbergen	22.03	3:18:09	8:59	20	52:19	108	1:20:42	77.16	9:48:30	7:37	19	2:10:02	98	3:19:30
Fröttstädt	23.06	3:23:26	8:49	20	47:42	90	1:25:19	100.22	13:11:56	7:54	18	2:57:44	95	4:39:05