



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Brokat, Helga

Club: LG Mauerweg Berlin
Number: 195

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 13:16:40

Speed: 7.53 km/h
Running performance: 7:57 min/km

Rank in course/Total: 107 (of 246)

Rank in course/Women: 11 (of 35)

Best time in course: 11:06:18

Rank in category: 1(of 1)

Best time in the category: 13:16:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:23:12	7:25	1	-	13	26:54	27.39	3:23:12	7:25	1	-	13	26:54
Floh-Seligenthal	27.74	3:22:14	7:17	1	-	10	29:48	55.13	6:45:26	7:21	1	-	11	56:42
Finsterbergen	22.03	3:06:57	8:29	1	-	10	32:09	77.16	9:52:23	7:40	1	-	10	1:22:37
Fröttstädt	23.06	3:24:17	8:51	1	-	12	47:45	100.22	13:16:40	7:56	1	-	11	2:10:22