



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Gottschlich, Norbert

Club: room AG Jena
Number: 31

Course: 100.22 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 13:28:49

Speed: 7.42 km/h
Running performance: 8:04 min/km

Rank in course/Total: 115 (of 246)

Rank in course/Men: 104 (of 211)

Best time in course: 8:32:51

Rank in category: 17(of 45)

Best time in the category: 10:21:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:42:27	5:55	2	10:21	24	20:41	27.39	2:42:27	5:55	2	10:21	24	20:41
Floh-Seligenthal	27.74	3:10:24	6:51	15	28:30	76	48:11	55.13	5:52:51	6:24	3	36:49	44	1:25:30
Finsterbergen	22.03	3:22:00	9:10	21	51:19	115	1:24:33	77.16	9:14:51	7:11	13	1:28:08	72	2:45:51
Fröttstädt	23.06	4:13:58	11:00	34	1:39:21	167	2:15:51	100.22	13:28:49	8:04	17	3:07:29	104	4:55:58