



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Stammer, Uwe

Club: Blau-Weiss-Hettstedt
Number: 236

Course: 100.22 km
100 Kilometer

Category:

Senioren M45 (45-49 Jahre)

Total time: 13:33:03

Speed: 7.38 km/h

Running performance: 8:07 min/km

Rank in course/Total: 118 (of 246)

Rank in course/Men: 107 (of 211)

Best time in course: 8:32:51

Rank in category: 20(of 38)

Best time in the category: 10:14:12

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:59:54	6:34	11	22:20	58	38:08	27.39	2:59:54	6:34	11	22:20	58	38:08
Floh-Seligenthal	27.74	3:49:04	8:15	29	1:14:12	149	1:26:51	55.13	6:48:58	7:25	25	1:36:20	116	2:21:37
Finsterbergen	22.03	3:29:28	9:30	24	1:03:38	130	1:32:01	77.16	10:18:26	8:00	23	2:39:58	121	3:49:26
Fröttstädt	23.06	3:14:37	8:26	17	38:53	73	1:16:30	100.22	13:33:03	8:06	20	3:18:51	107	5:00:12