



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

**Pawlow, Kamen**

Club: FSV 1950 Gotha  
Number: 59

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M55 (55-59 Jahre)

Total time: 13:42:35

Speed: 7.29 km/h  
Running performance: 8:13 min/km

Rank in course/Total: 127 (of 246)

Rank in course/Men: 113 (of 211)

Best time in course: 8:32:51

Rank in category: 21(of 45)

Best time in the category: 10:21:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total			Pos		Behind	
				Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:58:46	6:31	7	26:40	54	37:00	27.39	2:58:46	6:31	7	26:40	54	37:00
Floh-Seligenthal	27.74	3:23:40	7:20	19	41:46	108	1:01:27	55.13	6:22:26	6:56	14	1:06:24	82	1:55:05
Finsterbergen	22.03	3:36:37	9:49	27	1:05:56	141	1:39:10	77.16	9:59:03	7:45	20	2:12:20	108	3:30:03
Fröttstädt	23.06	3:43:32	9:41	25	1:08:55	128	1:45:25	100.22	13:42:35	8:12	21	3:21:15	113	5:09:44