



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Menz, Judit

Club: ETSV Lauda
Number: 97

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 13:43:48

Speed: 7.28 km/h
Running performance: 8:13 min/km

Rank in course/Total: 129 (of 246)

Rank in course/Women: 15 (of 35)

Best time in course: 11:06:18

Rank in category: 5(of 11)

Best time in the category: 11:38:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:33:22	7:47	6	37:04	21	37:04	27.39	3:33:22	7:47	6	37:04	21	37:04
Floh-Seligenthal	27.74	3:27:39	7:29	5	35:13	16	35:13	55.13	7:01:01	7:38	5	1:12:17	18	1:12:17
Finsterbergen	22.03	3:08:28	8:33	4	22:14	11	33:40	77.16	10:09:29	7:53	4	1:34:31	12	1:39:43
Fröttstädt	23.06	3:34:19	9:17	6	43:02	18	57:47	100.22	13:43:48	8:13	5	2:05:40	15	2:37:30