



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Gentzcke, Jan

Club: BergeWentRein
Number: 116

Course: 100.22 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 13:43:59

Speed: 7.28 km/h
Running performance: 8:13 min/km

Rank in course/Total: 131 (of 246)

Rank in course/Men: 116 (of 211)

Best time in course: 8:32:51

Rank in category: 23(of 43)

Best time in the category: 10:38:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:30:26	7:40	28	53:48	136	1:08:40	27.39	3:30:26	7:40	28	53:48	136	1:08:40
Floh-Seligenthal	27.74	3:52:20	8:22	33	1:08:41	159	1:30:07	55.13	7:22:46	8:01	30	2:02:29	147	2:55:25
Finsterbergen	22.03	3:21:24	9:08	23	47:50	114	1:23:57	77.16	10:44:10	8:20	29	2:43:33	137	4:15:10
Fröttstädt	23.06	2:59:49	7:47	6	22:34	49	1:01:42	100.22	13:43:59	8:13	23	3:05:34	116	5:11:08