



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Ulber, David

Club: Endorphinjunkies Dortmund / Bielefeld
Number: 58

Course: 100.22 km
100 Kilometer

Category:
Senioren M30 (30-34 Jahre)

Total time: 10:11:21

Speed: 9.81 km/h
Running performance: 6:06 min/km

Rank in course/Total: 9 (of 246)

Rank in course/Men: 9 (of 211)

Best time in course: 8:32:51

Rank in category: 3(of 13)

Best time in the category: 8:32:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:30:15	5:29	3	4:52	8	8:29	27.39	2:30:15	5:29	3	4:52	8	8:29
Floh-Seligenthal	27.74	2:38:13	5:42	2	0:47	12	16:00	55.13	5:08:28	5:35	3	41:07	10	41:07
Finsterbergen	22.03	2:35:23	7:03	4	33:44	17	37:56	77.16	7:43:51	6:00	3	1:14:51	12	1:14:51
Fröttstädt	23.06	2:27:30	6:23	3	23:39	8	29:23	100.22	10:11:21	6:06	3	1:38:30	9	1:38:30