



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Dalbert, Frank

Club: Lauffeuer Fröttstädt e.V.
Number: 43

Course: 100.22 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 13:54:59

Speed: 7.20 km/h
Running performance: 8:20 min/km

Rank in course/Total: 133 (of 246)

Rank in course/Men: 117 (of 211)

Best time in course: 8:32:51

Rank in category: 24(of 43)

Best time in the category: 10:38:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:25:17	7:29	23	48:39	124	1:03:31	27.39	3:25:17	7:29	23	48:39	124	1:03:31
Floh-Seligenthal	27.74	3:36:13	7:47	27	52:34	134	1:14:00	55.13	7:01:30	7:38	25	1:41:13	129	2:34:09
Finsterbergen	22.03	3:25:38	9:20	25	52:04	122	1:28:11	77.16	10:27:08	8:07	25	2:26:31	124	3:58:08
Fröttstädt	23.06	3:27:51	9:00	19	50:36	93	1:29:44	100.22	13:54:59	8:19	24	3:16:34	117	5:22:08