



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Lemm, Christian

Club: SV Hainich Berka
Number: 206

Course: 100.22 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 14:03:23

Speed: 7.11 km/h
Running performance: 8:25 min/km

Rank in course/Total: 137 (of 246)

Rank in course/Men: 120 (of 211)

Best time in course: 8:32:51

Rank in category: 23(of 38)

Best time in the category: 10:14:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:18:12	7:14	22	40:38	99	56:26	27.39	3:18:12	7:14	22	40:38	99	56:26
Floh-Seligenthal	27.74	3:28:14	7:30	24	53:22	118	1:06:01	55.13	6:46:26	7:22	24	1:33:48	114	2:19:05
Finsterbergen	22.03	3:36:37	9:49	26	1:10:47	141	1:39:10	77.16	10:23:03	8:04	24	2:44:35	122	3:54:03
Fröttstädt	23.06	3:40:20	9:33	24	1:04:36	123	1:42:13	100.22	14:03:23	8:24	23	3:49:11	120	5:30:32