



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Joseph, Alexander

Club: Eisenberg  
Number: 40

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M50 (50-54 Jahre)

Total time: 14:13:35

Speed: 7.03 km/h  
Running performance: 8:31 min/km

Rank in course/Total: 141 (of 246)

Rank in course/Men: 124 (of 211)

Best time in course: 8:32:51

Rank in category: 26(of 43)

Best time in the category: 10:38:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:32:34	7:45	30	55:56	140	1:10:48	27.39	3:32:34	7:45	30	55:56	140	1:10:48
Floh-Seligenthal	27.74	3:27:27	7:28	23	43:48	115	1:05:14	55.13	7:00:01	7:37	23	1:39:44	126	2:32:40
Finsterbergen	22.03	3:29:18	9:30	27	55:44	127	1:31:51	77.16	10:29:19	8:09	26	2:28:42	125	4:00:19
Fröttstädt	23.06	3:44:16	9:43	25	1:07:01	130	1:46:09	100.22	14:13:35	8:31	26	3:35:10	124	5:40:44