



# 13. thüringenULTRA

Fröttstädt / 06.07.2019

## Detailed evaluation

**Struzak, Bernd**

Club: berlin-runner.de  
Number: 126

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M75 (75 und älter)

Total time: 14:16:24

Speed: 7.01 km/h  
Running performance: 8:33 min/km

Rank in course/Total: 144 (of 246)

Rank in course/Men: 126 (of 211)

Best time in course: 8:32:51

Rank in category: 1(of 1)

Best time in the category: 14:16:24

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:32:01	7:44	1	-	139	1:10:15	27.39	3:32:01	7:44	1	-	139	1:10:15
Floh-Seligenthal	27.74	4:08:55	8:58	1	-	183	1:46:42	55.13	7:40:56	8:21	1	-	171	3:13:35
Finsterbergen	22.03	3:20:04	9:04	1	-	110	1:22:37	77.16	11:01:00	8:33	1	-	143	4:32:00
Fröttstädt	23.06	3:15:24	8:28	1	-	75	1:17:17	100.22	14:16:24	8:32	1	-	126	5:43:33