



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Heyne, Simon

Club: ASFM - Göttingen
Number: 196

Course: 100.22 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 14:21:20

Speed: 6.97 km/h
Running performance: 8:35 min/km

Rank in course/Total: 145 (of 246)

Rank in course/Men: 127 (of 211)

Best time in course: 8:32:51

Rank in category: 25(of 45)

Best time in the category: 10:21:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Glasbachwiese	27.39	3:18:27	7:14	18	46:21	101	56:41	27.39	3:18:27	7:14	18	46:21	101	56:41				
Floh-Seligenthal	27.74	3:41:03	7:58	28	59:09	141	1:18:50	55.13	6:59:30	7:36	23	1:43:28	125	2:32:09				
Finsterbergen	22.03	3:44:21	10:11	29	1:13:40	152	1:46:54	77.16	10:43:51	8:20	27	2:57:08	136	4:14:51				
Fröttstädt	23.06	3:37:29	9:25	18	1:02:52	113	1:39:22	100.22	14:21:20	8:35	25	4:00:00	127	5:48:29				