



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Jahn, Birgit

Club: TC Kray 1892 e.V.
Number: 73

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 14:23:08

Speed: 6.95 km/h
Running performance: 8:37 min/km

Rank in course/Total: 147 (of 246)

Rank in course/Women: 19 (of 35)

Best time in course: 11:06:18

Rank in category: 7(of 11)

Best time in the category: 11:38:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:51:05	8:26	9	54:47	30	54:47	27.39	3:51:05	8:26	9	54:47	30	54:47
Floh-Seligenthal	27.74	3:49:15	8:15	7	56:49	27	56:49	55.13	7:40:20	8:20	9	1:51:36	29	1:51:36
Finsterbergen	22.03	3:24:37	9:17	6	38:23	17	49:49	77.16	11:04:57	8:37	7	2:29:59	23	2:35:11
Fröttstädt	23.06	3:18:11	8:35	4	26:54	9	41:39	100.22	14:23:08	8:36	7	2:45:00	19	3:16:50