



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Schuster, Ralf

Club: TC Kray 1892 e.V.  
Number: 70

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M55 (55-59 Jahre)

Total time: 14:23:09

Speed: 6.95 km/h  
Running performance: 8:37 min/km

Rank in course/Total: 148 (of 246)

Rank in course/Men: 129 (of 211)

Best time in course: 8:32:51

Rank in category: 26(of 45)

Best time in the category: 10:21:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:51:03	8:26	40	1:18:57	186	1:29:17	27.39	3:51:03	8:26	40	1:18:57	186	1:29:17
Floh-Seligenthal	27.74	3:49:17	8:15	32	1:07:23	152	1:27:04	55.13	7:40:20	8:20	34	2:24:18	169	3:12:59
Finsterbergen	22.03	3:24:38	9:17	23	53:57	118	1:27:11	77.16	11:04:58	8:37	31	3:18:15	146	4:35:58
Fröttstädt	23.06	3:18:11	8:35	10	43:34	79	1:20:04	100.22	14:23:09	8:36	26	4:01:49	129	5:50:18