



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Hermann, Karsten

Club: Ilmenau  
Number: 57

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M35 (35-39 Jahre)

Total time: 10:15:15

Speed: 9.75 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 11 (of 246)

Rank in course/Men: 11 (of 211)

Best time in course: 8:32:51

Rank in category: 4(of 21)

Best time in the category: 8:47:36

Intermediate times

Stage score

Total ranking

| Control          | Split | Split   | Split  | Pos  | Behind | Pos | Behind | Total  | Total    | Total  | Pos  | Behind  | Pos | Behind  |
|------------------|-------|---------|--------|------|--------|-----|--------|--------|----------|--------|------|---------|-----|---------|
|                  | km    | Time    | min/km | Cat. | Cat.   | Men | Men    | km     | Time     | min/km | Cat. | Cat.    | Men | Men     |
| Glasbachwiese    | 27.39 | 2:39:15 | 5:48   | 6    | 10:57  | 17  | 17:29  | 27.39  | 2:39:15  | 5:48   | 6    | 10:57   | 17  | 17:29   |
| Floh-Seligenthal | 27.74 | 2:38:34 | 5:42   | 5    | 16:21  | 13  | 16:21  | 55.13  | 5:17:49  | 5:45   | 6    | 25:47   | 16  | 50:28   |
| Finsterbergen    | 22.03 | 2:22:34 | 6:28   | 3    | 25:07  | 7   | 25:07  | 77.16  | 7:40:23  | 5:57   | 5    | 50:54   | 11  | 1:11:23 |
| Fröttstädt       | 23.06 | 2:34:52 | 6:42   | 3    | 36:45  | 12  | 36:45  | 100.22 | 10:15:15 | 6:08   | 4    | 1:27:39 | 11  | 1:42:24 |