



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Hermann, Karsten

Club: Ilmenau  
Number: 57

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M35 (35-39 Jahre)

Total time: 10:15:15

Speed: 9.75 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 11 (of 246)

Rank in course/Men: 11 (of 211)

Best time in course: 8:32:51

Rank in category: 4(of 21)

Best time in the category: 8:47:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:39:15	5:48	6	10:57	17	17:29	27.39	2:39:15	5:48	6	10:57	17	17:29
Floh-Seligenthal	27.74	2:38:34	5:42	5	16:21	13	16:21	55.13	5:17:49	5:45	6	25:47	16	50:28
Finsterbergen	22.03	2:22:34	6:28	3	25:07	7	25:07	77.16	7:40:23	5:57	5	50:54	11	1:11:23
Fröttstädt	23.06	2:34:52	6:42	3	36:45	12	36:45	100.22	10:15:15	6:08	4	1:27:39	11	1:42:24