



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Albrecht, Stefan

Club: Lauffeuer Fröttstädt
Number: 105

Course: 100.22 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 14:28:56

Speed: 6.91 km/h
Running performance: 8:40 min/km

Rank in course/Total: 156 (of 246)

Rank in course/Men: 135 (of 211)

Best time in course: 8:32:51

Rank in category: 28(of 43)

Best time in the category: 10:38:25

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:18:08	7:14	15	41:30	98	56:22	27.39	3:18:08	7:14	15	41:30	98	56:22
Floh-Seligenthal	27.74	3:32:20	7:39	24	48:41	125	1:10:07	55.13	6:50:28	7:26	21	1:30:11	118	2:23:07
Finsterbergen	22.03	3:17:43	8:58	21	44:09	107	1:20:16	77.16	10:08:11	7:52	20	2:07:34	112	3:39:11
Fröttstädt	23.06	4:20:45	11:18	36	1:43:30	176	2:22:38	100.22	14:28:56	8:40	28	3:50:31	135	5:56:05