



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Krümmel, Robert

Club: Kappeln
Number: 122

Course: 100.22 km
100 Kilometer

Category:
Senioren M40 (40-44 Jahre)

Total time: 14:40:31

Speed: 6.81 km/h
Running performance: 8:47 min/km

Rank in course/Total: 163 (of 246)

Rank in course/Men: 141 (of 211)

Best time in course: 8:32:51

Rank in category: 17(of 22)

Best time in the category: 9:14:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:23:39	7:26	17	55:17	120	1:01:53	27.39	3:23:39	7:26	17	55:17	120	1:01:53
Floh-Seligenthal	27.74	3:31:03	7:36	16	1:07:24	124	1:08:50	55.13	6:54:42	7:31	17	2:14:31	123	2:27:21
Finsterbergen	22.03	3:44:53	10:12	18	1:33:12	153	1:47:26	77.16	10:39:35	8:17	17	3:35:53	132	4:10:35
Fröttstädt	23.06	4:00:56	10:26	18	1:50:25	150	2:02:49	100.22	14:40:31	8:47	17	5:26:18	141	6:07:40