



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Eggert, Iris

Club: Lauf für mehr Zeit
Number: 23

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 14:41:26

Speed: 6.81 km/h
Running performance: 8:47 min/km

Rank in course/Total: 164 (of 246)

Rank in course/Women: 22 (of 35)

Best time in course: 11:06:18

Rank in category: 5(of 11)

Best time in the category: 11:06:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:45:07	8:13	7	42:38	24	48:49	27.39	3:45:07	8:13	7	42:38	24	48:49
Floh-Seligenthal	27.74	3:44:59	8:06	7	52:30	24	52:33	55.13	7:30:06	8:09	7	1:35:08	24	1:41:22
Finsterbergen	22.03	3:36:04	9:48	6	1:01:16	24	1:01:16	77.16	11:06:10	8:38	6	2:36:24	24	2:36:24
Fröttstädt	23.06	3:35:16	9:20	6	58:44	19	58:44	100.22	14:41:26	8:47	5	3:35:08	22	3:35:08