



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Häger, Sven-Eric

Club: KWBN Niederlande  
Number: 9

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M55 (55-59 Jahre)

Total time: 14:42:48

Speed: 6.80 km/h  
Running performance: 8:49 min/km

Rank in course/Total: 165 (of 246)

Rank in course/Men: 143 (of 211)

Best time in course: 8:32:51

Rank in category: 31(of 45)

Best time in the category: 10:21:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:46:30	8:16	36	1:14:24	176	1:24:44	27.39	3:46:30	8:16	36	1:14:24	176	1:24:44
Floh-Seligenthal	27.74	3:30:59	7:36	23	49:05	123	1:08:46	55.13	7:17:29	7:56	28	2:01:27	142	2:50:08
Finsterbergen	22.03	3:46:48	10:17	30	1:16:07	155	1:49:21	77.16	11:04:17	8:36	30	3:17:34	144	4:35:17
Fröttstädt	23.06	3:38:31	9:28	20	1:03:54	116	1:40:24	100.22	14:42:48	8:48	31	4:21:28	143	6:09:57