



# 13. thüringenULTRA

Fröttstädt / 06.07.2019

## Detailed evaluation

### Stapf, Guido

Club: TSV Hochheim  
Number: 216

Course: 100.22 km  
100 Kilometer

### Category:

Senioren M45 (45-49 Jahre)

Total time: 14:42:51

Speed: 6.80 km/h

Running performance: 8:49 min/km

Rank in course/Total: 166 (of 246)

Rank in course/Men: 144 (of 211)

Best time in course: 8:32:51

Rank in category: 27(of 38)

Best time in the category: 10:14:12

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:40:54	8:03	33	1:03:20	160	1:19:08	27.39	3:40:54	8:03	33	1:03:20	160	1:19:08
Floh-Seligenthal	27.74	3:44:14	8:05	28	1:09:22	144	1:22:01	55.13	7:25:08	8:04	29	2:12:30	151	2:57:47
Finsterbergen	22.03	3:40:10	9:59	28	1:14:20	147	1:42:43	77.16	11:05:18	8:37	29	3:26:50	147	4:36:18
Fröttstädt	23.06	3:37:33	9:26	23	1:01:49	114	1:39:26	100.22	14:42:51	8:48	27	4:28:39	144	6:10:00