



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Kratzheller, Silvia

Club: Rot Weiss Hadamar  
Number: 192

Course: 100.22 km  
100 Kilometer

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 14:47:19

Speed: 6.78 km/h  
Running performance: 8:51 min/km

Rank in course/Total: 171 (of 246)

Rank in course/Women: 23 (of 35)

Best time in course: 11:06:18

Rank in category: 6(of 11)

Best time in the category: 11:06:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:24:39	7:28	3	22:10	14	28:21	27.39	3:24:39	7:28	3	22:10	14	28:21
Floh-Seligenthal	27.74	3:25:45	7:25	4	33:16	13	33:19	55.13	6:50:24	7:26	3	55:26	13	1:01:40
Finsterbergen	22.03	3:48:32	10:22	9	1:13:44	29	1:13:44	77.16	10:38:56	8:16	5	2:09:10	20	2:09:10
Fröttstädt	23.06	4:08:23	10:46	8	1:31:51	27	1:31:51	100.22	14:47:19	8:51	6	3:41:01	23	3:41:01