



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Uhlich, Steffen

Club: TSP Schwimmen
Number: 85

Course: 100.22 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 10:21:20

Speed: 9.66 km/h
Running performance: 6:12 min/km

Rank in course/Total: 13 (of 246)

Rank in course/Men: 13 (of 211)

Best time in course: 8:32:51

Rank in category: 1(of 45)

Best time in the category: 10:21:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:32:06	5:33	1	-	9	10:20	27.39	2:32:06	5:33	1	-	9	10:20
Floh-Seligenthal	27.74	2:43:56	5:54	2	2:02	21	21:43	55.13	5:16:02	5:43	1	-	14	48:41
Finsterbergen	22.03	2:30:41	6:50	1	-	12	33:14	77.16	7:46:43	6:02	1	-	14	1:17:43
Fröttstädt	23.06	2:34:37	6:42	1	-	11	36:30	100.22	10:21:20	6:11	1	-	13	1:48:29