



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Ganß, Sebastian

Club: WSV 07 Kleinschmalkalden e.V.
Number: 145

Course: 100.22 km
100 Kilometer

Category:
Männer (20-29 Jahre)

Total time: 15:18:33

Speed: 6.55 km/h
Running performance: 9:10 min/km

Rank in course/Total: 180 (of 246)

Rank in course/Men: 154 (of 211)

Best time in course: 8:32:51

Rank in category: 3(of 5)

Best time in the category: 9:43:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:51:34	8:27	4	1:29:48	190	1:29:48	27.39	3:51:34	8:27	4	1:29:48	190	1:29:48
Floh-Seligenthal	27.74	3:38:46	7:53	4	1:05:12	138	1:16:33	55.13	7:30:20	8:10	4	2:35:00	155	3:02:59
Finsterbergen	22.03	3:49:35	10:25	3	1:29:54	160	1:52:08	77.16	11:19:55	8:48	3	3:47:15	155	4:50:55
Fröttstädt	23.06	3:58:38	10:20	3	1:47:38	144	2:00:31	100.22	15:18:33	9:09	3	5:34:53	154	6:45:42