



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Thorhauer, Swen

Club: Lauffeuer Fröttstädt
Number: 78

Course: 100.22 km
100 Kilometer

Category:
Senioren M35 (35-39 Jahre)

Total time: 10:25:56

Speed: 9.59 km/h
Running performance: 6:15 min/km

Rank in course/Total: 14 (of 246)

Rank in course/Men: 14 (of 211)

Best time in course: 8:32:51

Rank in category: 6(of 21)

Best time in the category: 8:47:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:35:24	5:40	5	7:06	11	13:38	27.39	2:35:24	5:40	5	7:06	11	13:38
Floh-Seligenthal	27.74	2:41:06	5:48	6	18:53	15	18:53	55.13	5:16:30	5:44	5	24:28	15	49:09
Finsterbergen	22.03	2:27:33	6:41	4	30:06	9	30:06	77.16	7:44:03	6:00	6	54:34	13	1:15:03
Fröttstädt	23.06	2:41:53	7:01	6	43:46	25	43:46	100.22	10:25:56	6:14	6	1:38:20	14	1:53:05