



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Konradt, Jochen

Club: Alte Liebe  
Number: 139

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M55 (55-59 Jahre)

Total time: 15:29:29

Speed: 6.46 km/h  
Running performance: 9:16 min/km

Rank in course/Total: 187 (of 246)

Rank in course/Men: 162 (of 211)

Best time in course: 8:32:51

Rank in category: 34(of 45)

Best time in the category: 10:21:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:39:12	8:00	29	1:07:06	158	1:17:26	27.39	3:39:12	8:00	29	1:07:06	158	1:17:26
Floh-Seligenthal	27.74	3:42:05	8:00	29	1:00:11	142	1:19:52	55.13	7:21:17	8:00	30	2:05:15	146	2:53:56
Finsterbergen	22.03	4:01:35	10:57	36	1:30:54	175	2:04:08	77.16	11:22:52	8:51	32	3:36:09	159	4:53:52
Fröttstädt	23.06	4:06:37	10:41	32	1:32:00	159	2:08:30	100.22	15:29:29	9:16	34	5:08:09	162	6:56:38