



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Münster, Bernward

Club: Köln
Number: 39

Course: 100.22 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 15:29:29

Speed: 6.47 km/h
Running performance: 9:16 min/km

Rank in course/Total: 189 (of 246)

Rank in course/Men: 162 (of 211)

Best time in course: 8:32:51

Rank in category: 33(of 43)

Best time in the category: 10:38:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:19:31	7:17	16	42:53	104	57:45	27.39	3:19:31	7:17	16	42:53	104	57:45
Floh-Seligenthal	27.74	4:01:45	8:42	40	1:18:06	177	1:39:32	55.13	7:21:16	8:00	29	2:00:59	145	2:53:55
Finsterbergen	22.03	4:01:36	10:58	38	1:28:02	176	2:04:09	77.16	11:22:52	8:51	35	3:22:15	159	4:53:52
Fröttstädt	23.06	4:06:37	10:41	31	1:29:22	159	2:08:30	100.22	15:29:29	9:16	33	4:51:04	162	6:56:38