



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Kranz, Manfred

Club: München  
Number: 113

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M50 (50-54 Jahre)

Total time: 15:30:58

Speed: 6.44 km/h  
Running performance: 9:17 min/km

Rank in course/Total: 191 (of 246)

Rank in course/Men: 165 (of 211)

Best time in course: 8:32:51

Rank in category: 35(of 43)

Best time in the category: 10:38:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:30:28	7:41	29	53:50	137	1:08:42	27.39	3:30:28	7:41	29	53:50	137	1:08:42
Floh-Seligenthal	27.74	3:52:23	8:22	34	1:08:44	160	1:30:10	55.13	7:22:51	8:01	31	2:02:34	148	2:55:30
Finsterbergen	22.03	3:57:43	10:47	36	1:24:09	169	2:00:16	77.16	11:20:34	8:49	34	3:19:57	157	4:51:34
Fröttstädt	23.06	4:10:24	10:51	32	1:33:09	161	2:12:17	100.22	15:30:58	9:17	35	4:52:33	165	6:58:07