



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Beidl, Sonja

Club: SSC Hanau-Rodenbach  
Number: 80

Course: 100.22 km  
100 Kilometer

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 15:43:36

Speed: 6.36 km/h  
Running performance: 9:25 min/km

Rank in course/Total: 195 (of 246)

Rank in course/Women: 27 (of 35)

Best time in course: 11:06:18

Rank in category: 9(of 11)

Best time in the category: 11:38:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:45:07	8:13	7	48:49	24	48:49	27.39	3:45:07	8:13	7	48:49	24	48:49
Floh-Seligenthal	27.74	3:51:49	8:21	9	59:23	29	59:23	55.13	7:36:56	8:17	7	1:48:12	26	1:48:12
Finsterbergen	22.03	3:45:42	10:14	8	59:28	26	1:10:54	77.16	11:22:38	8:50	8	2:47:40	29	2:52:52
Fröttstädt	23.06	4:20:58	11:19	10	1:29:41	29	1:44:26	100.22	15:43:36	9:24	9	4:05:28	27	4:37:18