



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Porstner, Thomas

Club: GMRLV  
Number: 15

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M55 (55-59 Jahre)

Total time: 15:48:44

Speed: 6.32 km/h  
Running performance: 9:28 min/km

Rank in course/Total: 198 (of 246)

Rank in course/Men: 170 (of 211)

Best time in course: 8:32:51

Rank in category: 37(of 45)

Best time in the category: 10:21:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:42:38	8:07	31	1:10:32	163	1:20:52	27.39	3:42:38	8:07	31	1:10:32	163	1:20:52
Floh-Seligenthal	27.74	3:59:09	8:37	36	1:17:15	169	1:36:56	55.13	7:41:47	8:22	36	2:25:45	172	3:14:26
Finsterbergen	22.03	3:55:11	10:40	34	1:24:30	166	1:57:44	77.16	11:36:58	9:01	35	3:50:15	170	5:07:58
Fröttstädt	23.06	4:11:46	10:55	33	1:37:09	162	2:13:39	100.22	15:48:44	9:27	37	5:27:24	170	7:15:53