



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Kirchhoff, Jörg

Club: Hohe Tafel
Number: 5

Course: 100.22 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 16:25:18

Speed: 6.09 km/h
Running performance: 9:50 min/km

Rank in course/Total: 209 (of 246)

Rank in course/Men: 179 (of 211)

Best time in course: 8:32:51

Rank in category: 39(of 43)

Best time in the category: 10:38:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Glasbachwiese	27.39	3:51:09	8:26	42	1:14:31	188	1:29:23	27.39	3:51:09	8:26	42	1:14:31	188	1:29:23				
Floh-Seligenthal	27.74	3:56:42	8:31	35	1:13:03	164	1:34:29	55.13	7:47:51	8:29	39	2:27:34	181	3:20:30				
Finsterbergen	22.03	4:03:53	11:04	40	1:30:19	179	2:06:26	77.16	11:51:44	9:13	40	3:51:07	179	5:22:44				
Fröttstädt	23.06	4:33:34	11:51	37	1:56:19	184	2:35:27	100.22	16:25:18	9:49	39	5:46:53	179	7:52:27				