



Detailed evaluation

Jahn, Henry

Club: SV Bad Düben
Number: 104

Course: 100.22 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 16:34:33

Speed: 6.03 km/h
Running performance: 9:55 min/km

Rank in course/Total: 210 (of 246)

Rank in course/Men: 180 (of 211)

Best time in course: 8:32:51

Rank in category: 39(of 45)

Best time in the category: 10:21:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Glasbachwiese	27.39	3:43:27	8:09	33	1:11:21	166	1:21:41	27.39	3:43:27	8:09	33	1:11:21	166	1:21:41				
Floh-Seligenthal	27.74	4:25:04	9:33	40	1:43:10	190	2:02:51	55.13	8:08:31	8:51	40	2:52:29	191	3:41:10				
Finsterbergen	22.03	4:01:51	10:58	37	1:31:10	178	2:04:24	77.16	12:10:22	9:27	38	4:23:39	185	5:41:22				
Fröttstädt	23.06	4:24:11	11:27	37	1:49:34	180	2:26:04	100.22	16:34:33	9:55	39	6:13:13	180	8:01:42				