



# 13. thüringenULTRA

Fröttstädt / 06.07.2019

## Detailed evaluation

Lossau, Oliver

Club: Elbe Lübeck Kanal Ultra  
Number: 237

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M50 (50-54 Jahre)

Total time: 16:48:28

Speed: 5.96 km/h  
Running performance: 10:04 min/km

Rank in course/Total: 215 (of 246)

Rank in course/Men: 185 (of 211)

Best time in course: 8:32:51

Rank in category: 40(of 43)

Best time in the category: 10:38:25

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:30:18	7:40	27	53:40	135	1:08:32	27.39	3:30:18	7:40	27	53:40	135	1:08:32
Floh-Seligenthal	27.74	4:00:44	8:40	38	1:17:05	173	1:38:31	55.13	7:31:02	8:10	34	2:10:45	156	3:03:41
Finsterbergen	22.03	4:01:46	10:58	39	1:28:12	177	2:04:19	77.16	11:32:48	8:58	37	3:32:11	166	5:03:48
Fröttstädt	23.06	5:15:40	13:41	40	2:38:25	194	3:17:33	100.22	16:48:28	10:03	40	6:10:03	185	8:15:37