



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Cavaleiro, Claudia

Club: OSC Waldniel/100 MC
Number: 29

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 17:14:30

Speed: 5.80 km/h
Running performance: 10:19 min/km

Rank in course/Total: 220 (of 246)

Rank in course/Women: 31 (of 35)

Best time in course: 11:06:18

Rank in category: 11(of 11)

Best time in the category: 11:38:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	4:15:58	9:20	11	1:19:40	34	1:19:40	27.39	4:15:58	9:20	11	1:19:40	34	1:19:40
Floh-Seligenthal	27.74	4:39:11	10:03	11	1:46:45	34	1:46:45	55.13	8:55:09	9:42	11	3:06:25	34	3:06:25
Finsterbergen	22.03	4:17:46	11:42	11	1:31:32	33	1:42:58	77.16	13:12:55	10:16	11	4:37:57	34	4:43:09
Fröttstädt	23.06	4:01:35	10:28	8	1:10:18	25	1:25:03	100.22	17:14:30	10:19	11	5:36:22	31	6:08:12