



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Heyer, Hermann

Club: LG Mauerweg Berlin, 100MC  
Number: 127

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M55 (55-59 Jahre)

Total time: 17:16:21

Speed: 5.79 km/h  
Running performance: 10:20 min/km

Rank in course/Total: 222 (of 246)

Rank in course/Men: 191 (of 211)

Best time in course: 8:32:51

Rank in category: 41(of 45)

Best time in the category: 10:21:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	4:14:37	9:17	43	1:42:31	202	1:52:51	27.39	4:14:37	9:17	43	1:42:31	202	1:52:51
Floh-Seligenthal	27.74	4:35:53	9:56	41	1:53:59	194	2:13:40	55.13	8:50:30	9:37	41	3:34:28	197	4:23:09
Finsterbergen	22.03	4:10:24	11:21	40	1:39:43	184	2:12:57	77.16	13:00:54	10:07	42	5:14:11	194	6:31:54
Fröttstädt	23.06	4:15:27	11:04	35	1:40:50	169	2:17:20	100.22	17:16:21	10:20	41	6:55:01	191	8:43:30