



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Ernst, Beate

Club: Lauffeuer Fröttstedt
Number: 171

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 11:06:18

Speed: 9.00 km/h
Running performance: 6:39 min/km

Rank in course/Total: 29 (of 246)

Rank in course/Women: 1 (of 35)

Best time in course: 11:06:18

Rank in category: 1(of 11)

Best time in the category: 11:06:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:02:29	6:39	1	-	3	6:11	27.39	3:02:29	6:39	1	-	3	6:11
Floh-Seligenthal	27.74	2:52:29	6:13	1	-	2	0:03	55.13	5:54:58	6:26	1	-	2	6:14
Finsterbergen	22.03	2:34:48	7:01	1	-	1	-	77.16	8:29:46	6:36	1	-	1	-
Fröttstädt	23.06	2:36:32	6:47	1	-	1	-	100.22	11:06:18	6:38	1	-	1	-