



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Figueiredo, Rui

Club: Bad Karlshafen
Number: 184

Course: 100.22 km
100 Kilometer

Category:
Senioren M40 (40-44 Jahre)

Total time: 11:13:56

Speed: 8.90 km/h
Running performance: 6:43 min/km

Rank in course/Total: 30 (of 246)

Rank in course/Men: 29 (of 211)

Best time in course: 8:32:51

Rank in category: 5(of 22)

Best time in the category: 9:14:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:01:53	6:38	9	33:31	65	40:07	27.39	3:01:53	6:38	9	33:31	65	40:07
Floh-Seligenthal	27.74	2:54:28	6:17	4	30:49	30	32:15	55.13	5:56:21	6:27	9	1:16:10	51	1:29:00
Finsterbergen	22.03	2:44:20	7:27	5	32:39	34	46:53	77.16	8:40:41	6:44	6	1:36:59	39	2:11:41
Fröttstädt	23.06	2:33:15	6:38	4	22:44	10	35:08	100.22	11:13:56	6:43	5	1:59:43	29	2:41:05