



13. thüringenULTRA  
Fröttstädt / 06.07.2019

Detailed evaluation

Thielbeer, Ralph

Club: SoWeitDieBeineTragen  
Number: 32

Course: 100.22 km  
100 Kilometer

Category:  
Senioren M35 (35-39 Jahre)

Total time: 11:42:04

Speed: 8.55 km/h  
Running performance: 7:01 min/km

Rank in course/Total: 44 (of 246)

Rank in course/Men: 41 (of 211)

Best time in course: 8:32:51

Rank in category: 9(of 21)

Best time in the category: 8:47:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:57:34	6:28	10	29:16	53	35:48	27.39	2:57:34	6:28	10	29:16	53	35:48
Floh-Seligenthal	27.74	2:57:50	6:24	8	35:37	40	35:37	55.13	5:55:24	6:26	9	1:03:22	48	1:28:03
Finsterbergen	22.03	2:46:35	7:33	9	49:08	41	49:08	77.16	8:41:59	6:45	9	1:52:30	41	2:12:59
Fröttstädt	23.06	3:00:05	7:48	11	1:01:58	50	1:01:58	100.22	11:42:04	7:00	9	2:54:28	41	3:09:13